

Newton House School

Our Newsletter

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SPECIAL POINTS OF INTEREST

- Physical-Education every Wednesday for Grade 2-3, Thursday for Grade 4-7
- Playball for Grade 0 and 1 every Tuesday.
- Remember school caps for PE and Playball
- Children to be in their full winter uniform.

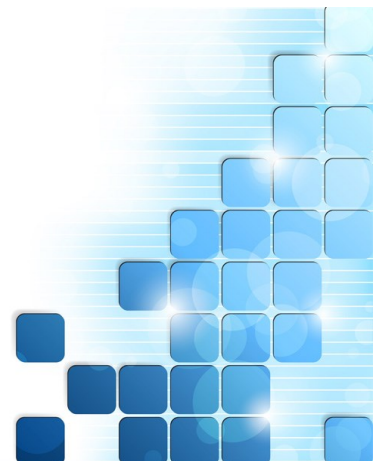


From the Headmaster's desk...

Western societies are becoming more prone to obesity and this problem does not only affect the adult population but is extending into childhood and even early childhood. One cause of this is mothers and fathers are working long, hard, full days and therefore put far greater reliance on buying food on the run. This food is usually junk food with a very high carbohydrate content. As children get heavier than they should be, they find physical exercise more difficult to do and start resisting it to the detriment of their own personal health as well as their learning. There is a well-documented body of research showing that physical skills and strength influence a child's ability to learn and to concentrate well. In the last five years a new danger has emerged that also impairs learning, namely the amount of hours children spend playing games on computer tablets and the amount of time they spend watching television programs.

Helpful Hints

These aspects of modern living must be carefully managed and children's use of electronic devices and exposure to screens should be significantly limited during the school week.



RECEPTION : 011-794 2878

School Notices

Congratulations to our Spelling Bee Champions.



Grade 1
Blake Hodnett
Crowned Eagle House



Grade 2
Carter English
Martial Eagle House

Grade 3
Sammy Mthembu
Martial Eagle House



Newton House is holding our first Inter-house Public Speaking Competition this term. Each child in Grade 4—7 has been given the requirements and is expected to prepare a speech for the preliminary rounds which will be held during school time as early as next week. Two pupils from each grade will be chosen to present their speeches in the finals which will take place on the 8th of September.

Sports and Performing Arts

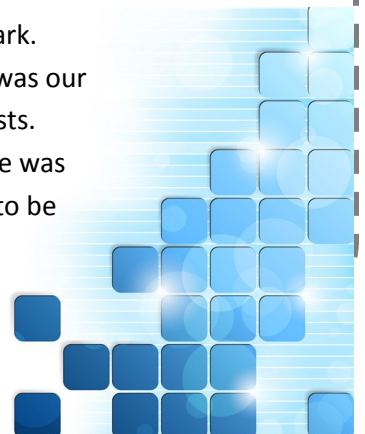


Chess

On Monday the Mixed A chess team played against Rand Park. The score was Newton House 4 1/2; Rand Park 7 1/2. This was our first game at home and the boys learnt how to be polite hosts. The Mixed B team played away against Bordeaux. The score was Newton House 4 1/2; Bordeaux 7 1/2. Moeletsi Legoete is to be congratulated on winning both his games.



<http://www.facebook.com/>
<http://newtonhouse.co.za/>



Cross Country

We will be holding our very first Inter-House Cross Country event on Tuesday 25 August. Please read the attached letter carefully as it contains important information. Please also note that from 9:30-13:10, no cars will be allowed access to the school grounds as the children will be running in the parking areas. We recommend that you make use of the field on the dirt road opposite the top entrance on Bush Hill Road. Grade 0 will end at the usual time. All other grades will end at 13:10 including Grade 6 and 7. Waiting class and Extra Murals will continue as normal. There will, however, be no Cross Country practice.



Yesterday our cross country team ran at Albert's Farm. As always, their tenacity shone through. The following runners came in the top 30 of their respective age groups.

Caitlin Sarjoo– 16 Tshiamo Senne- 17

Special congratulations go to Lesego Mojapela who came 3rd in the U13 age group. This is the first podium finish in the history of our school.

The Cross Country event which was postponed at the start of the season will take place on Thursday 27 August. It will take place at the same venue as this week— Albert's Farm. Letters have gone home. Please return the reply slips as soon as possible. We also have a very exciting golf course night race coming up on Friday 4 September. We will confirm these details as they become available.

New Pupils



Jordan Ward



“If you want to get somewhere you have to know where you want to go and how to get there. Then never, never, never give up.”

Norman Vincent Peale

Cycle Tests

<u>Date</u>	<u>Subject</u>
Tuesdays	(09h05 – 10h00)
25 August	Natural Science
1 September	Social Science 2

