



### SPECIAL POINTS OF INTEREST

- Physical-Education every Wednesday for Grade 2-3, Thursday for Grade 4-7
- Playball for Grade 0 and 1 every Tuesday.
- Remember school caps for PE and Playball
- Children to be in their full winter uniform.

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## From the Headmaster's desk...

As we reach the middle of our busy second term, it is full steam ahead for both pupils and teachers. The five week countdown until the end of the term means that we are approaching a very demanding assessment period at school. The Junior Primary starts to engage themselves with various assessment tasks and activities during the school day and the Senior Primary starts preparations for the formal June examinations. This is often a daunting and stressful period for both parents and pupils alike.

Pupils are encouraged to study and prepare efficiently in order to achieve results of which they can be proud. Stephen Covey, author of the book *'The 7 Habits of Highly Effective Teens'*, encourages children to be proactive and to take responsibility and be in control of their lives, successes and happiness. Pupils can do this by routinely revising their work each day and preparing to the best of their ability.

Although children are encouraged to take responsibility for their studying, they often look to their parents for guidance and support. As a parent you can help your child adopt healthy study habits by ensuring that they get enough sleep, eat healthy meals and drink lots of water. You can assist them in getting themselves organised by ensuring they have the necessary study materials available to them such as stationery, paper, dictionaries and a designated study area in a quiet part of the house.

### Studying Guidelines:

- Eat healthy meals and stay well-hydrated.
- Get enough sleep at night.
- Have blank paper, textbooks or notes, dictionaries, blank mind maps and stationery readily available.
- Have a designated study area in a quiet part of the house which is free from television and music distractions.
- Study areas must have good lighting and ventilation.
- Children must be encouraged to sit at a suitable table whilst studying and not to lie on their beds.



## Helpful Hints



Help your child take control and responsibility for his studying, but encourage and support him during this period by assisting in the development of healthy study habits and organisation.



# Sports and Performing Arts



This coming week is an incredibly busy one as far as soccer is concerned.

On Tuesday, 26 May, we will be hosting our first ever soccer matches on our new field. We will be playing against Orban and all teams will be involved.

On Wednesday, 27 May, the U8/9 and U11 teams will be playing at home against Beaulieu Preparatory. The U12 and U13 teams will be playing away at Beaulieu Preparatory.

On Saturday, 30 May, the U9 (Grade 3 not Grade 2) and U13 teams will be playing in a six-a-side tournament at Orion College.

Please keep careful count of your match letters, as failure to send a reply slip will result in your child's exclusion from the team. Please also remember to monitor the Remind App where notifications and pertinent information is posted. (@nfootball)

Gregory Kollmorgen ,Cameron Rondi and Dylan Maritz took part in KSI North Karate Tournament on 16 May at Wits.

Greg took silver medal in kumite (fighting)

Cameron took bronze in kumite (fighting)

Dylan did very well ,going through 3 phases of kumite .

Well done to the boys.



"Every project is a self-portrait of the person who did it."  
Norman Rockwell

## New Pupil



Unashe Sika

## Senior Primary Exams

Exams are drawing ever closer. Please remember to check your child's "What to Learn" booklet to see that they are on track with their studying.



### NEW CONTACT DETAILS FOR THE SCHOOL

087 945 2580 (PRIMARY) 087 945 2584 (COLLEGE)

<http://www.facebook.com/>

<http://newtonhouse.co.za/>