



### SPECIAL POINTS OF INTEREST

- Physical-Education every Wednesday for Grade 2-3, Thursday for Grade 4-7
- Playball for Grade 0 and 1 every Tuesday.
- Remember school caps for PE and Playball
- Children to be in their full winter uniform including blazer everyday.

### INSIDE THIS ISSUE:

From the Headmaster's desk	1
Helpful Hints	1
School Notices	2
New Pupils	2
Sports and Arts	3

## From the Headmaster's desk...

In a world that seems to be increasingly focused on instant gratification and "doing what feels right for me", commitment is a quality that is disappearing from our vocabulary and characters. What gives some people the ability to commit to relationships, be loyal employees and to go the extra mile while others are not able to do these things?

Commitment is a taught skill. It may be learned either by watching parents who see through commitments even when it is inconvenient, or by being pushed as a child to do things that we would rather prefer not to do if personal comfort was our only standard. Parents who capitulate to a child's selfish motivations, run the risk of raising children who never use anything but personal convenience as a regulator in later life.

Personally, as much as it was uncomfortable at the time, I am grateful to have been raised by parents who taught me to show commitment rather than to change my involvement according to how I felt on a particular day. It has saved me much pain in life to know how to do what is right and to show perseverance in difficulty, rather than to do only what is convenient and pleasant.

"The pain you feel today is the strength you feel tomorrow. For every challenge encountered there is opportunity for growth." -- Unknown

## Helpful Hints



Extra murals activities are a wonderful way to teach commitment. Decide together at the beginning of the term which activities your child will do and help your child be faithful to that commitment.

## School Notices

- As we near the end of August, please remember to keep filling your piggy banks in support of FreeMe.
- We are still in full winter uniform and will change to summer uniform at the beginning of the fourth term.
- Extra murals will end for this term on Friday, 12 September.

"Good people  
are good  
because  
they've come  
to wisdom  
through  
failure."

William  
Saroyan

## New Pupils



Jacqui Martin



Laine Yellin

# Sports and Performing Arts

**Chess :** On Monday the chess team played a friendly match against Trinityhouse (Mixed A). The score was Newton House 3 and Trinityhouse 9

**Cross-Country** Our next cross country Race is on 28 August at Golden Harvest Park. Jenson Harvey came 24th at Cross Country. Well done Jenson.

This is the last race of the season and soccer will take place of Cross-Country in September.

**General**

- Well done to Ruwan Smit who has been selected to the U9A Northwest Area Cricket side. This is a phenomenal achievement and we are so proud of him.
- Thomas Raggett competed in a regional selection gymnastics competition on Friday. He competed in Level 4 (9 – 10 years), and came third in rings and qualified for Central Gauteng Senior colours. He will now compete in the Gauteng Provincial competition in Pretoria on the 19<sup>th</sup> September. Well done Thomas.



Grade 5's making circuit boards



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